## ST. ANNA'S EPISCOPAL CHURCH NEW ORLEANS

pantry

A simple grocery list with a lot of heart that will help local families cope with food insecurity during this time of need.

## FILL A GROCERY BAG WITH THE SPECIFIC ITEMS BELOW TO ENSURE UNIFORMITY

2 X CANNED TUNA OR CHICKEN **2 X CANNED VEGETABLES** 2 X CANNED SOUP (LOW SODIUM) 1 X CANNED OR DRY RED/WHITE BEANS 1 X BAG OF RICE **2 X INSTANT MASHED POTATOES 2 X BOX RICE DINNERS 2 X MACARONI AND CHEESE** 1 X EACH SPAGHETTI NOODLES AND SAUCE 1 X EACH PEANUT BUTTER AND JELLY 2 X FRUIT/APPLESAUCE CUPS **1 X BOX OF ENERGY BARS 1 X BOX OF CRACKERS 1 X BOTTLE OF COOKING OIL 1 X BOX OF BISQUICK** 1 X BAG OF SUGAR 1 X JAR OF SPICES (SALT/PEPPER/TONY'S/ONOIN/GARLIC)

## WISH ITEMS

PAPER TOWELS LAUNDRY DETERGENT KLEENEX NAPKINS SPONGES DISH DETERGENT